



**My Kids**  
*Pediatric Partners*  
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## **AFTER TURNING 18 AT MY KIDS PEDIATRIC PARTNERS, PC**

When you turn 18 years old, or older, seeking medical care is a new responsibility. As an adult, you have the right and the responsibility for your medical care. This means that you can now seek medical care without your parents' consent.

Here are a few things to remember:

1. You may call for an appointment whenever you need.
2. Your parents may come to the appointment with you, but you will need to check in yourself and sign appropriate forms if needed. Some of these forms are contact information verification, financial responsibility, and medical treatment consent forms.
3. You will need to provide insurance information that shows you have active coverage. If you do not have insurance, you will be asked to sign a financial responsibility form.
4. You will need to pay for co-pays at the time of service.
5. You will need to sign for any medical treatment consents, including vaccinations. Your parents can no longer sign for you.
6. If you are covered by a State Medicaid plan, when you turn 19, you are no longer eligible to receive free vaccines through the state.
7. Unless specific consent is given, we are not permitted to talk with your parents about your health care. Your parents can only be involved if you provide written consent to do so.
8. If you refuse to give access to your parents to your medical information, know that you must either pay cash for your visit or provide other health insurance that your parents do not hold for you. If we submit your confidential visits to your parents' health insurance, they will be receiving your medical information via the Explanation of Benefits (EOB) that comes directly from the insurance carrier. Denying parental access to PHI means both for records and for payment. Therefore, you cannot use your coverage under your parents' policy if you refuse them access to your medical record.



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## **PARENTS OF 18 YEAR OLDS AT MY KIDS PEDIATRIC PARTNERS, PC**

We recently provided your child with information regarding turning 18 years old. In order to help you through this process, we are providing you with information as well.

Upon turning 18, your child is now considered to be an adult and is responsible for their own healthcare. Because of this, we asked you child to complete a new patient registration form. Your child has been given a new patient account separate from your family.

What you need to know as a parent:

1. In the past, we were able to talk to you about your child's health. Now that your child is 18, he or she is considered an adult and therefore, we will not be able to discuss anything with you without your child's consent. Due to federal laws, we are required to talk with your child regarding these issues. We can talk to you if your child completes the Consent to Discuss and Share Protected Health Information form. Your child was given this consent form to complete. This needs to be received and be on file in order for us to discuss any health issues with you. Please note that your child does not have to complete the consent form, but if it is completed, we will only be able to talk with your child about their care, even if they are away at college.
2. Due to federal law, as an adult, your child is the only one that can access their medical record. Your child may request that the information is released to you, but again, we must have written authorization for this. This means if they are away at college and need information, they will need to complete a medical records release form themselves and fax or mail it to us.
3. Your child now has their own patient account. The bills may come to your address, but will be under their name. If this causes concern, please talk to your child. You may request that the bills come to you at your address, but this must be a mutual request from your child as well.
4. We will still bill your insurance for your child as long as he or she is eligible and has given you access to both medical and account information. Even though the explanation of benefit comes to you, the bill is still your child's responsibility and we are not able to discuss billing with you unless the previously discussed consent form has been completed.

These changes are not intended to cause difficulty. However, due to federal law, when your child turned 18, they became a legal adult. All of these changes are designed to appropriately treat your child as an adult. Please take the time to talk to your child and discuss this new responsibility with them.